## AND OUR COLLABORATIVE PROGRAM: HEALING BODY AND SOUL THROUGH FARMING

Together, we seek to establish long-term access to nutritious food and financial stability for Navajo families by restoring sustainable farming practices (the Spirit of Farming) to the Former Bennett Freeze Area (FBFA). To accomplish this ambitious goal, CHOICE Humanitarian provides Navajo women, men, and youth with resources to grow produce on their own and evolve their agricultural endeavors into successful businesses and create new employment opportunities. Currently, many are forced to travel 100 miles to their nearest grocery store, a task that is impossible for many, especially after the international COVID pandemic. To combat this, we've erected hoop houses to allow individuals and farmers to grow vegetables in a more controlled environment, extend the growing season, and provide an overall community benefit. With approximately 20,000 residents, nearly 60% of the people living in this area lack both electricity and potable water, barely 24% of housing is deemed suitable according to U.S. standards, paved roads are rare, and unemployment hovers near 40%.

This project is vital to their survival.

